CAMP DEWOLFE Episcopal Diocese of Long Island

SUMMER CAMPING PROGRAMS & FOUR SEASON RETREAT CENTER

SUMMER CAMP PARENT PACKET



CAMP DEWOLFE
408 NORTH SIDE ROAD
PO BOX 487
WADING RIVER
NY 11792

PHONE: 631-929-4325 FAX: 631-929-6553

E-MAIL: OFFICE@CAMPDEWOLFE.ORG

WEB: WWW.CAMPDEWOLFE.ORG



IMPORTANT REMINDERS

The following forms and fees are due in full by June 1st:

- Registration Form and \$595 per one-week session or \$1190 per two-week session fees paid in full
- ♦ Camper Health Form with copy of Health Insurance Card The health form must be completed, signed and dated by the parent/guardian on behalf of the camper. It should include any current health conditions regarding medication, treatment, or special restrictions while at camp; record of past medical treatment; record of allergies; record of immunizations and date of last tetanus shot. This form then must be completed by the camper's medical doctor and signed, dated and returned to the camp office.
- Authorization for Medication Form This form must be completed, signed and dated by the parent/guardian authorizing permission for prescribed medicine to be administered to the camper while at Camp DeWolfe. This includes over the counter medications. This form must then be <u>signed and</u> <u>dated by the prescriber of the medicine</u> and then returned to the camp office.
- Meningococcal Meningitis Vaccination Response Form A record of meningococcal meningitis mmunization within the past 10 years or An acknowledgement of meningococcal meningitis disease risks and refusal of meningococcal meningitis immunization signed by the camper's parent or guardian. This is if your child is attending two weeks of camp.
- Acknowledgement of risk form Acknowledgement that the camper is responsible for their own actions, choices, possessions, and authorization for medical care and photography to be taken.
- Camper Profile Form Information about the camper.
- Items Not in Camper Possession Form Camper agrees not to bring some items.
- Activity Sign-Up Request Form This is first-come first serve request form for campers to select activities.
- Camper Contracts Form This is for campers and parents to agree to follow safety rules while at camp.

BUS SERVICE INFORMATION

If you would like your child to attend camp by bus, there is a \$25 fee each way. Please contact the camp office for more information about reserving a space.

Sunday - July 5, July 12, July 26

Pick-Up Times:

11:00am: St. George's Church, Brooklyn12:30pm: Church of the Resurrection, Queens1:30pm: Cathedral of the Incarnation, Garden City

Friday - July 10, July 24, August 7, August 14

Drop-Off Times:

5:00pm: Cathedral of the Incarnation, Garden City 6:00pm: Church of the Resurrection, Queens 7:00pm: St. George's Church, Brooklyn

The deadline to sign up for the bus service is June 1st.



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WELCOME TO CAMP DEWOLFE

Greetings

Thank you for choosing to make us a part of your child's summer! This Parent Packet is intended to provide the practical information you will need before sending your child to camp and some general information which will help you understand the practices and procedures of the Camp DeWolfe summer camp experience. If you have any further questions after reading the Parent Packet, please



feel free to call the Camp Office: Wednesday—Sunday 9.00am to 4.00pm.

Vision

Camp DeWolfe offers a 7-week summer camp season sponsored by the Episcopal Diocese of Long Island to serve the 145 parishes of the diocese and youth on Long Island. Camp DeWolfe offers young people (grades 3-11) an opportunity to experience camping with one-week and two-week sessions (Sundays – Fridays), by providing a natural setting for them to engage in community and empower them to live out an outward and visible expression of the love and grace of Christ. Camp DeWolfe is a place where young people are encouraged to be themselves, to grow in their Christ-like identity, to explore their God-given gifts and to enjoy making friends in a picturesque beach and waterfront setting.

Accreditation

Camp DeWolfe is proud to be accredited by the American Camping Association. Developed exclusively for the camp industry, this nationally recognized

association focuses on program quality and health and safety issues, and requires camp to regularly submit every facet of its operation to an independent appraisal by camp experts.



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CAMP DEWOLFE VALUES FOR ALL

Prior to camp, campers and parents/guardians are asked to sign and return this value contract:

As parent or guardian, I uphold the vision of Camp DeWolfe to support spiritual formation in the Episcopal Diocese of Long Island. I agree to inform the staff of any important information about the camper that might enhance or detract from the camper's stay and to assist the staff with ensuring the camper's positive experiences. I further agree that if my child significantly detracts from any other camper's stay through inappropriate physical contact, verbal aggression, bullying, or anything that makes our community feel unsafe, if asked, I will immediately remove my child from camp.

Parent's/Guardian's Signature Date

As a camper, I agree to respect everyone in the camp community, and to honor the many differences among us, as members of God's family. I will do my best to have a good time without harming others, damaging equipment or any natural thing at camp. I will not tease or make fun of anyone or do anything that may be considered bullying. I understand that bullying is unacceptable and it is important for everyone's safety and honorable to tell my counselors or another adult immediately if someone is being bullied. I agree to play with everyone because we are all members of God's family. If I cannot follow the camp rules I understand that I might be sent home to help keep the camp community safe and welcoming.

Camper's signature Date

Campers also sign a safety contract and go through the safety rules with their counselor and cabin in arrival day.





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GENERAL CAMP RULES

Campers learn the general rules on the first day of camp with their cabin groups.

- 1. Follow the fire safety plan and all emergency plans.
- 2. Follow the buddy rule while at camp.
- Respect off limit areas (Benson House, Lodge, Staff Lounge, and Maintenance Sheds).
- 4. Respect your counselors, fellow campers, and their property. Every person has a personal space bubble.
- Stay on camp property at all times. Only go to the challenge course, pool, or beach trail with supervision.
- 6. Males and females are not allowed on each other's sides of the camp or in each other's cabins.
- 7. Always swim with a lifeguard.
- 8. Always wear shoes except at the beach and the pool.
- Hands are for helping. No rock or stick throwing, hitting, play fighting, towel snapping, or wrestling.
- 10. Report bullying and unkind acts to keep everyone safe. "If you see something, say something." No put-downs, verbal threats, or ridicule. No profanity or inappropriate language be positive!
- Respect the environment. No graffiti of any type (writing or carving).
 Pick up litter and dispose of it in trashcans. Leave no trace.
- No spitting.
- 13. No gum chewing or candy/food allowed in cabins.
- 14. Campers and staff sign agreement letters regarding items not in possession and community responsibilities and follow them throughout their session.

Camp DeWolfe Goals

- Explore nature To use the outdoor space and provide outdoor programming so that there can be exploration and enjoyment of God in nature, God in others, and God in personal reflection.
- Engage community To develop temporary community for learning and growth, within a positive, safe, honest and encouraging environment.
- Empower decision making To facilitate learning in an outdoor learning environment, to encourage decision making that leads to group development and personal growth.
- Embrace challenge To have the opportunity to experience different levels
 of challenge, to encourage a testing and expansion of personal comfort
 zones, so that a transfer of skills can be made to everyday living.
- Enjoy participation To provide fun, interactive, and varied programs that will maximise learning and growth through experiential education.
- Experience reflection To provide the time and space to be still, reflect on God's word, listen to God, grow in faith and practice spiritual disciplines.
- Episcopal service To create a safe environment where youth can practice serving others, the environment and the Lord, learning to love each other as Christ loves us.



HOW DO I GET TO CAMP DEWOLFE?

GPS Unit:

Please use: 408 North Side Road, Wading River, NY 11792

Directions:

Via the Long Island Expressway (I-495):

- ♦ Take LIE Exit 68 to William Floyd Parkway (Highway 46) North.
- Bear Right at end of William Floyd parkway onto Route 25A East towards Wading River.
- Continue on Route 25A.
- In Wading River, turn LEFT at the light by the HESS Gas station onto Wading River Manor Road.
- Bear LEFT at the end of the road onto North Country Road. Go down the hill past the church.
- Turn a sharp RIGHT turn at the fire department onto North Wading River Road.
- ♦ Turn LEFT at the green sign for camps, onto North Side Road.
- ♦ Turn RIGHT at the sign for Camp DeWolfe.

From Riverhead:

- ♦ Take Route 25 West.
- Turn RIGHT onto Route 25A West at the Sunoco gas station.
- Continue on Route 25a.
- Turn RIGHT at the light by the Hess gas station onto Wading River Manor Road.
- Bear LEFT at the end of the road onto North Country Road. Go down the hill past the church.
- Turn a sharp RIGHT turn at the fire department onto North Wading River Road.
- Turn LEFT at the green sign for camps, onto North Side Road.
- Turn RIGHT at the sign for Camp DeWolfe.



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MENINGOCOCCAL VACCINATION

New York State Public Health Law (NYSPHL), S2167 requires overnight children's camps to distribute information about meningococcal disease and vaccination to the parents/guardians of all campers who attend camp for seven or more nights.

If your child is attending a two week camp session:

- Please read the meningococcal meningitis fact sheet from the website or request a form from the camp office if you have not already received one in the mail.
- Parents must sign a response form as receipt of meningococcal meningitis disease and vaccine information and return it with the health history form prior to camp. This includes A record of meningococcal meningitis immunization within the past 10 years; or An acknowledgement of meningococcal meningitis disease risks and refusal of meningococcal meningitis immunization signed by the camper's parent or guardian.

GRATUITIES

To help encourage equal treatment of all children, parents/guardians are advised that gratuities are not accepted. Parents wishing to show their appreciation for the child's stay at camp may make a contribution to 'Camp DeWolfe' for the operating fund.







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HEALTH INFORMATION

Physical Exam: The State of New York and the American Camp Association require that each camper have a copy of the results of a medical examination, signed by a licensed physician, physicians assistant, APRN or RN. Physicals are good for 24 months from the date of examination and must cover the entire camp stay.

Health History Form for camp: A completed health history form must include the results of a physical exam and be completed and signed by parents/guardian and the camper's doctor in advance of arrival at camp. This form must be completed for camp each year.

Head Lice: Lice are found anywhere children gather in groups. It is not a sign of being unclean, in fact head lice prefer clean heads. If a camper is found to have head lice, they will not be permitted to attend/stay at camp. Our nurse will be able to advise you on treatment option and the camper will be allowed to return to camp only when they are lice free.

Ticks and Poison Ivy: As with many camps, the physical setting and activities involve campers spending time in nature. It is important to know your camper may come in contact with poison ivy, deer ticks and mosquitoes. In addition to your education prior to your child's arrival at camp, Campers are encouraged to do tick checks each evening themselves. Staff will not help campers check for ticks in abdomen and pelvic areas.



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WHEN CAN WE VISIT THE CAMP?

OPEN HOUSE Sunday May 17th 2015 12pm

Come take a tour, enjoy a family-style dinner in the Davis Dining Hall try some camp activities, attend an informational session and register for summer camp!

RSVP—Call the Camp Office with any questions!



ARRIVAL AND DEPARTURE TIMES

CAMP SESSION ARRIVAL PICK-UP

Explorer Camp: Sun, July 5, 1pm Fri, July 10, 4pm

(Ages 7-11)

Discovery Camp: Sun, July 12,1pm Fri, July 24, 4pm

(Ages 8-12)

Adventure Camp: Sun, July 14, 1pm Fri, Aug 7, 4pm or Fri Aug 14, 4pm

(Ages 12-15)

Leadership Camp: Sun, July 12 1pm Fri, Aug 14, 4pm

(Ages 15-17)

Please do not arrive before 1pm as staff are in their weekly meetings and not able to greet you.

Please do not arrive early on the Fridays as the program runs through 4pm. All families are asked to leave by 4.30pm, to allow staff to prepare for the next session and have some deserved time off.

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ARRIVALS DAY

- ◆ TIME: Registration is 2pm on Sundays.
- CHECK-IN: Upon arrival, please drive to the signed unloading area in the
 parking lot and follow the directions by Camp DeWolfe staff. You will be
 sent directly to the Meeting Hall area for check-in. Please provide the
 names of authorized persons for pick up on departure day.
- HEALTH: You will see Health staff to review health information and give medications to the Camp's licensed health care provider. All medications must be in original containers and in a paper bag labeled with the child's name.
- CABIN: The camp counselors will help your child with their cabin assignment and scheduling.
- DEPART: Once your child has moved into the cabin, you are free to leave camp.

DEPARTURE DAY

- ◆ TIME: Pick up is 4pm on Fridays.
- ◆ PICK-UP: All campers are released to an authorized person with photo id. If a custodial parent requests that a camper be signed out to a non-custodial parent, this must be in writing in



advance. When a last-minute pick-up change occurs, the new instructions are to be verified with the Camp Director by an authorized person.

- ♦ SIGN-OUT: The authorized person(s) are directed to the Camp Director to sign out. Take the camper release slip to the cabin counselor from your child's cabin and make sure all personal belongings, equipment, etc., go home. Please check the "Lost and Found" before leaving camp. We are not responsible for mailing items left behind. Go to the Health Lodge with your camper to check-out with the Medical Director and pick-up any medications.
- DEPART: Leave the camp by the exit road, signing out with camp personnel at the sign-out station.
- ♦ LATE: There will be a late pick up fee of \$15 per hour.

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HEATH CARE AT CAMP

A licensed registered nurse (RN) is on staff 24 hours a day at the camp infirmary to monitor medications and administer first aid. When needed, campers are taken to the medical clinic in Wading River. Emergency care is at the Peconic Bay Hospital, a 15 minute drive from camp. Camp policy is to contact parents/guardians



regarding any medical or emergency health care during your child's stay at camp. Campers that need medical attention in the infirmary for more than 24 consecutive hours will be asked to recuperate in the comfort of their own home.

Medications from home: To receive prescription medications while at camp, the authorization for medication form (One form per medication) and health history form must be completed by the parent and doctor before camp arrival day. Medications can only be administered exactly as ordered by the doctor. All medication provided to the licensed medical provider must be in original containers with the label matching the camper's name. The medication directions on the label must match the physician's order. Please bring the adequate amount of each medication and an extra day of medication for precautionary measures. There are no exceptions to these federal and state health regulations.

Inhalers: if your camper needs to carry an inhaler, please bring a doctor's note giving permission to carry the inhaler and bring two inhalers—one for camper and one for the infirmary.

Insurance: A copy of the camper's medical insurance card should be given to camp with the health history form for coverage if treatment is needed. If a camper needs medical attention at the doctor or hospital, parents are billed directly for services. The Episcopal Diocese of Long Isand does <u>not</u> provide medical coverage for campers.



WRITING TO YOUR CAMPER

All campers love to get mail or emails.

Please write to your child during their stay at Camp DeWolfe.

office@campdewolfe.org—Mail and emails will be printed and ill be distributed to campers every day at lunch. All mail should be addressed to your camper's name and camper's cabin for faster delivery:

My Camper—Cabin A Camp DeWolfe P O Box 487 Wading River, NY 11792

- We encourage children to write to their parents/guardians during rest hour.
- Please provide a supply of stamped, pre-addressed envelopes and/or postcards. There is no camp store.
- Please do not send candy, gum, or other food items to your child while at camp. Packages will be opened in the presence of a counselor.
- Please do not plan to visit your children during the short stay at camp. Visits can be upsetting to the child and others in the cabin. For the same reason, please do not phone your child while at camp. If there is an emergency at home, please let the camp director know by calling the office.
- An evaluation form will be mailed to your home at the end of the camp season. It is important that we receive honest feedback as this feedback helps us improve future programs.
- If there are any concerns after your camper's visit, please contact the camp director immediately.



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REGISTRATION FEE POLICY

- Registration: Campers may register for sessions based up their age. Please be advised that cabin assignments are made by the camp administration. Siblings are welcome to attend the same sessions. Siblings are usually placed in separate cabins unless parents request otherwise.
- Non-Refundable Deposit: The cost for a one-week session is \$595.00. No registration will be accepted without a \$100 non-refundable deposit for each session.
- The final balance is due on June 1st: If the balance is not received by June 1st, the camper's space will be forfeited.
- Cancelations: In the event that a camper cancels at least one month prior to the start of the camp session, a refund of the amount paid will be issued, less the \$100 deposit. Within a month of the camp session, there will be no refund, unless with a doctor's note for illness or for extreme circumstances, less the \$100 deposit.
- Arrival Day: A camper who is not allowed to remain at camp on the opening day for health reasons will be eligible for a refund of the amount paid, less the \$100 deposit.
- During Camp: A camper whose stay is terminated for disciplinary reasons or who leaves camp for homesickness etc will not be eligible for a refund.
- Financial Assistance: Scholarship assistance is available to members of Episcopal parishes through Episcopal Charities of Long Island (ECLI) to children who could not otherwise attend camp. Applications are accepted before May 1st, on a first come first serve basis. At least 50% of the fees must be paid and all forms submitted before applying for financial aid.



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TYPICAL DAILY SCHEDULE

7:00	Wake-Up
7:45	Devo Circle
8:00	Breakfast
8:30	Cabin Clean-up
9:00	Celebration
10:00	Activity 1
11:00	Activity 2
12:00	Lunch
1:00	Cabin time
2:00	Activity 3
3:00	Activity 4
4:00	Activity 5
5:00	Dinner
6:00	Evening Program
7:30	Chapel/Worship
8:15	Snack
8:30	Cabin Time/Devos
9:30	Lights Out



Activity Areas

Swimming, Sailing, Canoeing, Kayaking, Christian Formation, Archery, Arts and Crafts, Sports, Climbing, Beach Volleyball, Adventure Challenge Course and more!

All campers participate in swimming and Christian formation programs. Campers sign up for activity areas which have the same group of campers per activity period each day, to encourage relationship building within different temporary communities. activities are in the outdoor setting and include natural resources/elements/materials.

Evening Programs

Programs are centered on the summer theme that focuses on Christ. Activities, games and events are planned to maximize the use of the outdoor space. Campers are encouraged to participate within the larger camp community and utilize their cabin groups, activity area groups and gender groups to make friends and build relationships.

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HOMESICKNESS

Please avoid telling your child prior to camp that they can come home if they get homesick. Homesickness at the beginning of camp is natural and within a short amount of time, campers are busy having fun and making friends in the outdoors and begin to feel secure very soon. Our staff is supportive and understanding to children who experience homesickness. A parent/guardian phone conversation is often not helpful and may only make the situation worse. Parents are encouraged to send positive and encouraging letters by mail.

BED WETTING

An occasional incident of bed-wetting will be handled in an understanding manner with discretion and compassion, by the child's counselors. However, our limited laundry facilities and humid environment make it difficult to deal effectively with chronic bed-wetters. Please make sure you note this on the camper health form and mention to counselors on arrival day, so we can make sure we cut evening beverages out and work out a night-time bathroom schedule. Any other information will make your child's stay more of a success.

SWIM EVALUATIONS

All campers wishing to swim for any part of the camp session <u>MUST</u> complete a swim evaluation on arrival day. This is not a test, but an evaluation to place campers in the appropriate swimming area. Safety is our primary concern when assigning swim areas. Due to the physical nature of the Long Island Sound, staff to camper ratios and safety concerns, some campers may be placed in the pool rather than the Long Island sound.





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BEHAVIOR MANAGEMENT POLICY

The Camp DeWolfe program is designed to help create a safe, caring and moral community where self-esteem, skills, teamwork and a sense of community can be developed.

Camp DeWolfe utilizes a number of behavior management techniques such as:

- 1. Time outs
- 2. Conflict resolution
- 3. Behavioral contracting
- 4. Community service



Camp DeWolfe does not use any methods of physical or humiliating discipline. Misbehavior is dealt with on an individual basis, first by the counselor and then the unit leader and the Program Director. Parents/Guardians will be notified about any serious occurrence. Occasionally campers are sent home. Parents are

about any serious occurrence. Occasionally campers are sent home. Parents are responsible for providing transportation in these cases.

LOST AND FOUND

All lost and found items are placed in a box and can be claimed throughout the session or at the end of the week. They are kept for two weeks after the session. After two weeks, items are donated to a local thrift shop. Items will need to be collected from camp dewolfe as the camp cannot mail any items. Camp DeWolfe accepts no responsibility for lost, stolen or damaged personal property.

We encourage good stewardship at camp, expecting campers to respect the environment and physical camp property. Parents/Guardians will be charged \$50.00 or more per item for any property i.e. graffiti/environmental damage.



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PRAYING, SLEEPING AND EATING!

Christian Formation

Centred upon the Episcopal tradition, the daily morning celebrations and end of week Eucharist are primary worship opportunities for all campers and staff to participate in as a camp community. Clergy and trained staff create the Christian Formation program that includes daily cabin devotions and prayer time, Bible studies and engaging activities to



encourage campers to experience God and develop an authentic and personal faith in Christ.

Accommodation

Campers reside in traditional style cabins with bunk beds, accommodating 10 youth and 2 trained college-age counselors for supervision and guidance. Each cabin group pray and share in devotions together daily, participate in cabin night programming in the outdoors, build community and youth are empowered to make decisions in cabin cleaning responsibilities. The Program Director makes cabin assignments and will take into account requests to put two campers in the same cabin if both campers request this on the registration form. Any reassignments during the session are made by camp staff in the best interest of the camp community.

Meals

Three nutritious meals a day are served family-style in the Davis Dining Hall, to create a caring family community atmosphere. Youth eat with their cabin group around tables, beginning with prayer and thanksgiving, and providing a time to share how they have experienced God in their day. Some meals are in the outdoors/cookout



style, to enjoy nature. If the camper has a dietary restriction, or prefers a vegetarian diet, please make this known on the registration form in order that the kitchen can comply. Fresh cold water is available at a number of locations around the camp. Evening Snacks are also provided.

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WHAT TO BRING TO CAMP: PACKING LIST

This is a suggested clothing/equipment list for your child's stay at camp. Please mark all items with your child's name with either a name tag or permanent marker. There are <u>NO</u> Laundry facilities available. Each camper is responsible for their belongings. Please check the lost and found before departing camp.

- ♦ Sleeping bag or sheets & blanket
- ♦ Pillow and pillowcase
- 2 bath or beach towels and washcloths
- ♦ 3-4 pair sweatshirts and sweat pants
- ♦ 6-8 pair shorts— knee length (no short skirts allowed for girls)
- 10 full length T-shirts or shirts (no scoop neck shirts, spaghetti straps, or strapless allowed)
- 3-4 pair long pants
- ♦ 12 sets underwear and socks
- ♦ 2-3 sets nightclothes
- ♦ Laundry bag
- ♦ 3 one-piece modest bathing suits (No two-pieces allowed)
- ♦ Raincoat/jacket
- Sneakers and/or walking shoes (flip flops and unsafe sandals are not permitted on camp)
- water shoes and swim goggles for waterfront/pool
- ♦ Hat/visor
- ♦ Toothbrush and toothpaste
- ♦ Deodorant
- ♦ Soap in soap container
- ♦ Shampoo/conditioner
- ♦ Hairbrush or comb
- ♦ Sanitary items (Girls)
- ♦ 2 personal water bottles
- ♦ Flashlight and new batteries
- ♦ Insect repellant without DEET (will be kept in the infirmary)
- ♦ Sun block with SPF 15 or greater
- ♦ Stationary/letters/postcards & stamps (Pre-addressed to home)
- ♦ Prescription medications
- ♦ Bible, journal and book

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WHAT NOT TO BRING TO CAMP

Please do not bring any of the following items:

- ♦ Cell Phones
- ♦ TVs
- ♦ Laptop computers or I-pads or tablets
- Radios
- ♦ Boom box
- I-pods or mp3 players
- ♦ Electronic games
- Digital cameras
- Skateboards, "heeleys", or roller blades
- ♦ Water pistols
- ♦ Weapons or knives of any kind
- ♦ Carving tools
- Heavy perfumes
- Valuable jewelry
- ♦ Money
- Food and candy





Any items mentioned above will be removed from your child's possession on the first day of camp or when discovered and returned at the time of departure. Items will be stored in the camp office.

Insect repellant will be stored in the infirmary.

To avoid any misunderstandings, campers are required to sign an "List of items not in my possession" with parents during registration.

